

Help individuals better understand themselves and others

Inspire personal development.

Improve interpersonal dynamics of your people.

Give your people access to an inspiring and engaging personal development system that helps them grow personally and professionally.

Working in consultation with you, we develop and deliver individual Effectiveness solutions that directly meet your organizational needs and objectives.

Participants learn about their strengths, areas for development and how to be more effective personally and professionally.

"I found that the Insights training as a whole tuned me into why I do the things I do.

It gave me the ability to take apart my interactions and views of others and to explain why I react.

I find it is a very powerful tool to make myself more accountable (to myself) and more aware of how and why I impact the world (and) the people around me."

Acting Supervisor
BC Ambulance Service

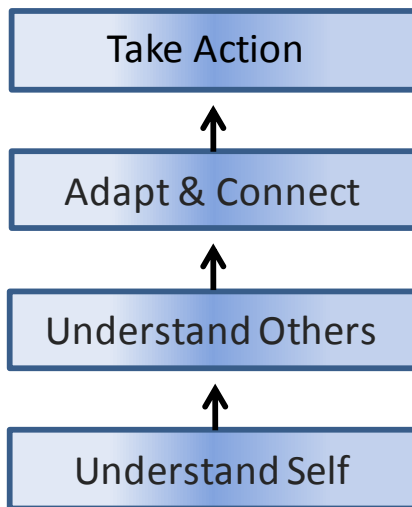


The Insights Personal Effectiveness Program provides an introduction to the Insights Discovery System and the Insights Discovery Profile

Help individuals better understand themselves and others

This program gives participants a language and framework for understanding themselves and others better which they can put into practice immediately.

The program explores a simple model:



Using each participant's Insights Discovery Personal profile, the program enables individuals to better understand their own preferences, to identify other types of preferences, and adapt to different communication needs. The use of four colour energies – Fiery Red, Sunshine Yellow, Earth Green, and Cool Blue – creates a memorable common language and framework on which participants can base their interactions in the future.

Memorable, fun and fascinating introduction to Insights Discovery

Program Overview

- The Power of Perception
- The Insights Colour Energies
- Jung's Preferences
- The Insights Discovery 8-Type Wheel
- The 72 Sub-Types
- The Insights Discovery Personal Profile
- Recognizing Other's Styles
- Adapting and Connecting Techniques
- Action planning and Keys to Success

The Insights Discovery Colour Energies



Insights Learning & Development is a Registered Education Provider (REP) for the Project Management Institute (PMI). Professional Development Credits are available for this course.

Summary

- Memorable, fun and fascinating introduction to the Insights Discovery Systems
- Each participant receives their Insights Discovery Personal Profile
- Interactive and participative approach accommodates all learning styles
- Enables participants to improve their interpersonal relationships immediately
- Creates a positive common language enabling people to discuss personality and preference and the differences between people in a positive way
- Participants learn about their strengths and areas for development and how to be more effective

The Insights Discovery 8-Type Wheel

